**Organizing Chairperson** 

# Dr.Jayarani Premkumar M.Sc (N); PhD

Principal,

C.S.I. St.Luke's College of Nursing,

Nazareth

Tamil Nadu, India

## For registration contact:

Organizing Secretary

## Mrs. Irine Nishani, M.Sc., (N)

Vice Principal i/c

C.S.I. St.Luke's College of Nursing,

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### For accommodation contact:

## Ms. Maria F

Asst. Professor

C.S.I. St.Luke's College of Nursing,

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Tariff will differ according to the type of Lodge





Nothing is impossible with god.....luke 1:37



C.S.I. St.Luke's College of Nursing



Nazareth.

On

Basic Life Support:
Learn to save Lives



Venue:

Multi Purpose Hall
C.S.I. St.Luke's College of Nursing
Nazareth

Organized by:

C.S.I. St.Luke's College of Nursing, Nazareth-628617, Tamil Nadu, India.

> Tamilnadu Nurses' and Midwives' CNE credit hours - 7

## **Dear Colleagues**

Basic Life Support (BLS) is the foundation for all health care providers in saving lives after cardiac arrest. BLS refers to the care, all healthcare providers, provide to patients who are experiencing respiratory arrest, cardiac arrest or airway obstruction. Survival rates for an unconscious individual are increased by up to 60 percent through prompt resuscitation. BLS includes psychomotor skills for performing high-quality cardiopulmonary resuscitation (CPR), using an automated external defibrillator (AED) and relieving an obstructed airway for patients of all ages. Rapid response to emergency situations can save lives, making life support training critically important for healthcare personnel. BLS providers should also have skills on Critical thinking, Problem solving, Communication, and Team dynamics. With BLS training, the individual feels secure with the knowledge gained to take the right actions needed to save a life. Additionally, this confidence will empower an individual to take control of the situation and direct any bystanders as needed. Calling for emergency assistance is one of the ways that bystanders can be instructed to assist during emergencies. All health providers need to be equipped with adequate knowledge and skills to save individuals who are critical. It is essential to integrate and coordinate all these skills to achieve the common goal, reviving the arrested victims.

We the health team members (C.S.I. St.Luke's College of Nursing) wish to equip our junior health care providers towards Basic Life Support through the state level workshop on "Basic Life Support: Learn to save Lives" which will be held at Multipurpose hall, C.S.I. St.Luke's College of Nursing, Nazareth on 9th May ,2018 from 7.30 am to 5.30 p.m.

The aim of this workshop is to equip the participants with current knowledge and skills on **basic life support** to provide effective and excellent immediate care to the victims with life threatening conditions in the hospital and in the community.

#### The Objectives of the conference are:

## At the end of the Seminar, the participants will be able to:

- Discuss about the current guidelines regarding BLS and the methods to assess cardiac arrest
- Describe all of the steps of the Chain of Survival
- Recognize the signs of individuals needing CPR
- Perform high-quality CPR for adults, children and infants
- Describe the importance of early use of an AED
- Provide effective ventilations by using a barrier device

# STATE LEVEL WORKSHOP ON BASIC LIFE SUPPORT: LEARN TO SAVE LIVES

09-05-2018

Time	Session	Topic of Presentation	Resource Person
7.30-8.15 am 8.15-9.00 am		Registration & Pre test Workshop Inauguration & unveiling of theme	
9.00-9.45 am	1	current guidelines of BLS & assessment of the collapsed victim	Dr. Haebus V Medical Superintendent CSI St.Luke's hospita Nazareth
9.45 -10.30 am	П	Chain of survival & Teaching BLS using Videos	Mrs. Rebecca S Professor & HOD Neurology Departmen CMC, Vellore
10.30-10.45 am		REFRESHMENT	Cinc, venore
10.45 – 11.30 am	Ш	Hands on experience using manikins	Mrs. Rebecca & Dr. Bala S Professor, CON, CMC, Vellore
11.30 -12.30 pm	IV	Airway management & practice Attitudes towards cardiac arrest	Mrs. Anbu Rosalin Nursing Tutor ANM Traning School, Sivaganga
12.30 -1.30 pm	V	Teaching on Paediatric Life Support	Dr. Mrs. Sundar Edwin Nursing Director SIMS, Chennai
1.30-2.00 pm	li .	LUNCH	
2.00 -2.45pm	VI	Hands on experience using manikins- Paediatric	Dr. Mrs. Sundari Edwin Nursing Director SIMS, Chennai
2.45 -3.45pm	VII	ECG basics, Defibrillation &Drugs	Dr. Bala S Professor, CON, CMC, Vellore
3.45 -5.00 pm	VIII	Post test & Skills testing- CPR	Mrs. Rebecca S & Dr.Bala S
5.00-5.30 pm		Tea &Valedictory Programme	

#### Workshop Fee:

Regular Registration on or before 30 th April, 2018

Type of Participants	Registration fee	Food	
Registered Nurse	500	Nil	
ANM / MPHW	Nil	200	

#### Spot Registration Fee:

Spot registration	Registration fee	Food
Registered Nurse	500	100
ANM / MPHW	Nil	300

All payments to be made through Demand Draft drawn in favor of C.S.I. St.Luke's College of Nursing, payable at Nazareth. Registration fee is non-refundable. Completed registration form along with DD should be sent to Principal,

C.S.I. St.Luke's College of Nursing, Nazareth-628617, Tamil Nadu, India.